



# Swimming Lessons At Sargisson Beach



We will offer two 4-week sessions this summer. All classes are on **SUNDAYS** for 45 minutes and will be held in the lake. You can register now for one or both sessions!!

Session I: June 28<sup>th</sup>-July 19<sup>th</sup>  
Session II: July 26<sup>th</sup>- August 16<sup>th</sup>

Price: \$60 per session

<b>Youth Levels- Ages 6-15</b>	
10:45-11:30am	Beginner- Those new to swimming who are learning water comfort and basic strokes.
1:30-2:15pm	Intermediate- Those with water comfort who are learning basic strokes and skills.
12:45-1:30pm	Advanced- Those who know basic strokes and skills who are learning more advance technique.

<b>Preschool Levels- Ages 3-5</b>	
10:00-10:45am	Beginner- Those new to swimming who are learning water comfort and basic stroke.
12:00-12:45pm	Advanced- Those comfortable in the water and are familiar with some strokes and skills.

<b>Parent Child- Ages 6 mo.- 5yrs (30 minute class)</b>	
11:30-12:00pm	This class is for those who are too young for pre-school classes, or are not yet ready to join a group class without a parent

Call Aquatics Director Katherine Davis at 978-454-7825 with any questions

To register you may call the YMCA. Additionally the waiver on the back of this flier must be signed and mailed or faxed to us.

**Greater Lowell Family YMCA 35 YMCA Dr. Lowell, MA 10852**  
**Phone (978) 454-7825 Fax: (978) 454- 8982**